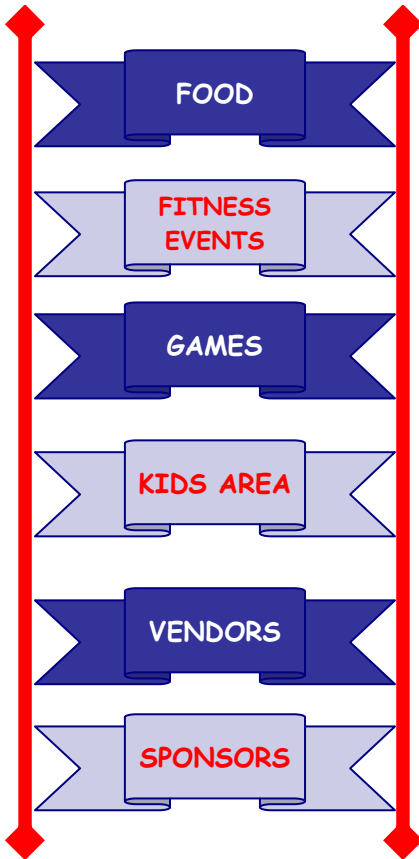


MARYLAND COMMUNITY CONNECTION

6490 Landover Road
Suite A9
Landover, Maryland 20785
Phone (301) 583-0358
Fax (301) 583-0359
Email: info@marylandcommunityconnection.org
www.marylandcommunityconnection.org



Family Fun & Fitness Day Admission \$10.00

No tickets will be sold at the event.

MCC participants and their families admitted free.

RSVP by September 14, 2007

Volunteers Needed Family Fun & Fitness Day

Rain or shine

September 22, 2007

Bradbury Community Center

Noon - 4PM

You are cordially invited to attend Maryland Community Connection's Family Fun & Fitness Day. On Saturday, September 22, 2007 at the Bradbury Community Center. Maryland Community Connection will host Family Fun & Fitness Day at the Bradbury Community Center at 2301 Ewing Avenue, Suitland, Maryland 20746 to encourage healthy lifestyles. Food, games, music, sports, fitness events, kids' activities, and dancing will all be a part of the festivities.

If you would like to volunteer at MCC Family Fun & Fitness Day, you need to attend one of the volunteer sessions. Call 301-583-0358 by September 7, 2007.

Session #1

Thursday, September 13, 2007

4:00 pm—5:30 pm

Maryland Community Connection

6490 Landover Road Suite A-9,

Landover, MD 20785

Session #2

Saturday, September 15, 2007

10:00 am—11:30 am

Bradbury Community Center

2301 Ewing Avenue

Suitland, MD 20746

Maryland Community Connection
Family Fun & Fitness Day

Volunteers are needed to support individuals with disabilities at the community event.